

## **Contraindications for the Elaine Brennan Skin Renewal Peeling**

- **Pregnant women should not be peeled. The alteration in the hormones causes skin alterations. Avoid peeling until after the pregnancy and until no longer breastfeeding.**
- **Any major medical condition that might jeopardize the healing process.**
- **Anyone who is currently taking or has taken the drug “Accutane” within the last 6 months. Many physicians recommend waiting 12 months post Accutane before peeling the skin. If in doubt, permission from the client’s physician should be obtained.**
- **Patients who have active cancer or are undergoing radiation or chemotherapy or has had either within the last six months.**
- **Patients taking oral chemotherapy drugs.**
- **Patients who have had cryosurgery or laser within the last 6 months.**
- **Patients who are currently taking a course of antibiotics which make the skin ultrasensitive.**
- **Anyone who has an active herpes outbreak or an infection. Herpes simplex outbreak can be caused by all chemical peelings and must be considered in all patients especially those with a history. An outbreak is heralded by unusually severe facial pain that is unexpected and can cause permanent scarring. Anyone with a history of cold sore/fever blister or herpes outbreak must take one of the prescribed medications on our “Antiviral Form”.**
- **Flu or flu like symptoms or a severe cold or fever.**
- **If the skin is sunburned, been exposed to a sun bed, has a rash, looks extremely irritated or has recently been peeled or abraded by another method or chemical peeling.**
- **Rule of thumb “When in doubt, don’t”**